CANDY! CANDY! CANDY!

Focus: Teamwork, Cooperation, Planning

Time: 10-15 minutes

Objectives:

1. To work together to solve a problem
2. To offer help to others and to accept help from others

Materials needed:

- Individually wrapped candy (assortment)
- Blue tape or masking tape

Introduction:

Our competitive nature usually shines through when there is candy involved. But, in this activity teamwork provides the biggest candy payoff!

Directions:

Set up the activity by using the tape to create a rectangle on the floor that is large enough for 2-4 people to stand in at the same time. Create teams of 2, 3, or 4 people. (Note that the size of the taped rectangle will depend on the size of the teams you create.) Spread candy on the floor, all around the taped rectangle but not inside of it. Put the pieces of candy far enough away that they would be hard to reach if you were standing in the rectangle by yourself.

Challenge each team to take a turn trying to get as much of the candy as they can by working with their partners. State the following rules:
1. All team members must be inside the rectangle at all times.
2. No part of your body or clothing may touch the floor at any time. If anyone touches the floor they must give up the rectangle to another team.
3. You must pick up the candy, not drag it.
4. You may not use any tools (belt, clothing, etc.) to pick up the candy.
5. Your team members may keep the candy that you successfully pick up.
6. Once your team picks up three pieces you must give up the rectangle to the next team.

To emphasize teamwork, allow time for teams to develop a plan and practice before actually stepping into the rectangle. HINT: Teams will be most successful if one or more people holds on to the person who reaches for the candy.
Quick Activities

Discussion Questions:

1. What did your team have to do to be successful at this activity?
2. Could you have successfully completed this activity alone? Why or why not?
3. Are you ever in a workplace situation where you must rely on others to be successful? Are you able to accept help from others? Are you able to provide help to others? Why or why not?
4. During the planning process, did team members disagree on how to accomplish the goal? How did you resolve the disagreement?
5. Did a leader emerge during the planning process? What is the value of effective leadership?